

| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------|----------------|----------------------------|----------|------------------------------|------------------------------|------------|
| Nursery | Ball Skills | Gymnastics | Dance | Basic skills | Basic skills | Games Unit |
| Reception | Ball Skills | Gymnastics | Dance | Basic skills | Basic skills | Games Unit |
| Year 1 | Invasion Games | Gymnastics | Dance | Striking and fielding skills | Athletics | Tennis |
| Year 2 | Invasion Games | Gymnastics | Dance | Striking and fielding skills | Athletics | Tennis |
| Year 3 | Basketball | Gymnastics | Dance | Striking and fielding skills | Athletics | Tennis |
| Year 4 | Basketball | Gymnastics | Dance | Striking and fielding skills | Athletics | Tennis |
| Year 5 | Basketball | Gymnastics | Dance | Striking and fielding skills | Athletics | Badminton |
| Year 6 | Basketball | Gymnastics | Dance | Striking and fielding skills | Athletics | Badminton |